

## ***Behavioral Health Providers in Central Upper Peninsula***

### **PUBLIC Community Mental Health Agencies - accessed via *Northcare Access* (888)906-9060**

**Pathways Community Mental Health Center** (for Mental Illness, Developmental Disabilities, covering Delta, Marquette, Alger and Luce Counties)

2500 7<sup>th</sup> Ave. South (Lincoln Park), Escanaba, MI 49829  
1-888-PATHWAY

**Northpointe Behavioral Health** (a Community Mental Health Center for Mental Illness, Developmental Disabilities) covering Dickinson, Menominee and Iron Counties

Dickinson County

715 Pyle Drive Kingsford, MI 49802  
906-774-0522

Menominee County

401 Tenth Ave Menominee, MI 49858  
906-863-7841

**Hiawatha Behavioral Health** for Schoolcraft, Chippewa, and Mackinac counties

(Accessed via Northcare Access)  
(888)906-9060

**Vet Centers in Escanaba, Marquette, Menominee, Manistique, Iron Mtn. etc.**

([www.va.gov/rcs](http://www.va.gov/rcs))

### **Other Mental Health Agencies by Region:**

#### **Delta County/Escanaba area:**

**Bellin Behavioral Health** (new patients must be affiliated with Bellin physicians)

**Escanaba – John Gagnon LMSW and Dr. Miljour**

610 South Lincoln Rd. Escanaba, MI 49829  
(906) 786-6488

Additional **Bellin Health** Psychiatrists, Psychologists and Therapists are available through the **Bellin Psychiatric Center 1-888-433-3111**

**Great Lakes Recovery Centers – Escanaba Office**

**(Also licensed substance use disorder program)**

2500 7<sup>th</sup> Avenue South, Escanaba, MI  
789-3528, For appointments call **906-228-9696**

**Hannahville Indian Community (Health and Human Services for tribal members)**

N15019 Hannahville B-1 Rd, Wilson, MI, 49896  
906-466-2878

**Catholic Social Services of the Upper Peninsula – Mental Health, Substance Abuse services and Family/Adoption services (*Sliding fee scale*)**

1100 Ludington, Suite 401, Escanaba, MI  
786-7212

**Pathways Community Mental Health Center** (for Mental Illness, Developmental Disabilities, covering Delta, Marquette, Alger and Luce Counties)

2500 7<sup>th</sup> Ave. South (Lincoln Park), Escanaba, MI 49829

1-888-PATHWAY (or 1-888-7284929) or locally 906-786-6441

**Self-Reflections Therapeutic Services Inc.** (Nisha Tebear-Coolman and Michael St. John)  
524 Ludington St, Suite 105, Escanaba, MI 49829  
906-553-2219

**Lisa Wangrud, LMSW “Mindful Transformation Counseling” PLLC**  
1100 Ludington St., Suite 306, Escanaba, MI  
906-553-4555

**Jim Schwake LMSW – “Hiawatha Counseling Services”**  
1100 Ludington, Ste. 306, Escanaba, MI 49829  
906-553-6165

**Elizabeth Case LMSW “Shoreline Supportive Counseling” PLLC (*Grief specialty*)**  
1100 Ludington, Ste. 302, Escanaba, MI, 49829  
906-280-9167 Fax: 906-934-6837

**Monica Peach MSW, “Peach Blossom Therapy”**  
301E Ludington Centre, 1100 Ludington, Escanaba, MI  
906-233-7333

**Tracy Anderson, LPC**  
1100 Ludington St, #303 Escanaba, MI 49829  
(906)399-2256

**Bay De Noc Community College – Counseling services for students**  
Bay College, 2001 N. Lincoln Rd., Escanaba, MI  
786-5802, ext. 1165

**Suunta Integrative Health**  
524 Ludington St., Suite 105, Escanaba, MI  
906-273-0964

**Ashley Pratt (*only for patients affiliated with OSF*)**  
3409 Ludington Street, Suite 104, Escanaba, MI 49829  
906-786-8343

**Escanaba Vet Center** ([www.va.gov/rcs](http://www.va.gov/rcs))

**Online ONLY, Delta County based:**

**Nicole Dewar-Braun, LMSW** (*online only, takes BC/BS-MI and Cigna*)  
906-399-4233  
[nicolemdewar@gmail.com](mailto:nicolemdewar@gmail.com)

**Moore Joy Counseling, LLC, Joy Moore, MA, LPC** 231-459-3218

**Pamela Balentine Ph.D, LPC – “Gray Matters”** 906-399-0967

**Katie Curtis LPC** at <https://www.therapyden.com/therapist/katie-curtis-escanaba-mi>

**Online only continued:**

**Dr. Patricia Frueh PsyD**  
[Patricia Frueh, Doctor of Psychology, MI | Mind Diagnostics \(mind-diagnostics.org\)](http://www.mind-diagnostics.org)

Erin Cretens LMSW ([ErinCretens@ErinCretensLMSW.onmicrosoft.com](mailto:ErinCretens@ErinCretensLMSW.onmicrosoft.com))

## **Dickinson Co. & Iron Mountain Area Behavioral Health Providers**

**Bellin Behavioral Health** (new patients must be affiliated with Bellin physicians)

**Iron Mountain – Melissa Gauthier and Nikisha Zanon**

440 Woodward Ave., Iron Mountain, MI 49801 Also **Daggett, MI**

(920) 433-6073

**Northpointe Behavioral Health**(A Community Mental Health Center) *Sliding fee scale*

715 Pyle Drive, Kingsford, MI 49802

906-774-0522

**Elyse D'Amico, LMSW**

427 S. Stephenson Ave. Ste 210

Iron Mountain, MI 49801

(720) 840-7598

**Lisa Pangrazzi, PsyD**

1102 Carpenter Ave

Iron Mountain, MI 49801

(906)202-9444

**Iron Mountain Counseling**

216 E. Ludington St.

Iron Mountain, MI

(906) 239-9918

Jennifer Gorden, LPC

Kelly Wender, LPC

James Grider, LLMSW

Jessica Clark, LMSW

Karen Olson, Ph.D.

**Great Lakes Recovery Centers** (mental health & substance use disorders)

1115 S. Hemlock St, #1

Iron Mtn, MI, 49801

906-774-2561

**Sandra Festain, LMSW**

427 S. Stephenson Ave.

Iron Mountain, MI 49801

906-779-0479

**New Beginnings - Rhonda Brey, LPC, NCC, CAADC**

427 S Stephenson Ave

Iron Mountain, MI 49801

(906)396-2085

**Resolving Concerns- Mark Young, LMSW, LCSW**

427 S. STEPHENSON AVE. 2ND FLOOR

IRON MOUNTAIN, MI 49801

(906)776-4357

**Victoria Weiss, PhD**

427 S Stephenson Ave, #212

Iron Mountain, MI 49801

(906)776-9000

**Fireflies (trauma focused and other therapies for children and families)**

724 Main street Norway, MI 49870  
906-563-1206 Firefliesglow.org

**Dr. David VanHolla Psychiatrist** *\*Limited access for the time being, telemedicine only*

500 S. Stephenson Ave,  
Iron Mountain, MI 49801  
906-779-7001

**Manistique/Schoolcraft Area Mental Health Provider**

**Hiawatha Behavioral Health (Public Community Mental Health)**

(accessed via Northcare Access)  
(888)906-9060

**Schoolcraft Memorial Hospital –Rural Health Clinic** (Lisa Tatrow LMSW , Janet Pratt, etc)

104 Walnut St, Manistique, MI  
906-341-3286

**Manistique Tribal Community Center**

5698W US Highway 2, Manistique, MI  
(866) 401-0043

**Nora Brewster MSW/Boot Lake Counseling**

8716 N. Boot Lake Rd, Manistique, MI  
906-452-6233

**Ellyn Plackowski MA, LPC**

200 Pearl St, Manistique, MI  
906-630-8667

**New Beginnings Outpatient Therapy** (Kellie Campbell, LMSW & Austin McDonough LMSW)

601 Lakeshore Dr., Suite 102, Manistique, MI  
906-286-4412

**Marquette Area Behavioral Health Providers**

Great Lakes Recovery (GLRC) - Marquette outpatient clinic (**AODA and mental health**)

906- 228-6545

**UP Health System/DLP (formerly MGH) – Psychiatry, Psychology testing and Therapy**

BHS Dept. 580 West College  
6<sup>th</sup> Floor for outpatient, , RCN Bldg.  
Marquette, MI 49855  
906-225-3985

Pathways Community Mental Health

(906) 225-1181

Catholic Social Services of the UP

(906) 227-9119

Suunta Integrative Health [About - Suunta Integrative Health \(suuntawellness.com\)](http://suuntawellness.com)

1209 N 3<sup>rd</sup> St, Marquette  
906-273-0964

Dr. Emily DePetro PsyD Rising UP Psychological Services (evals, individual & family therapy)

112 W. Washington St, Suite D, Marquette, MI  
906-205-5597

Robert Mellin LMSW, LPC, CCS, CAADC Mellin Counseling and Consulting LLC  
(906) 284-5355

Access Psychological (psychiatry and therapy)  
(906)228-8881

Dr. Gregory Jones PhD – Health Psychologist Premier Psychological Services  
(906) 228-6200

Dr. Daniel Holdwick PhD - Psychological Assessment Services, online  
(906) 205-2626 djholdwick@gmail.com

Superior Psychological Services  
(906) 225-1776

NMU student services  
(906-227-2980)

Mary Pelton-Cooper PsyD, RN (Gender Psychology, Autism, etc.)  
(906)360-3544

Stephanie Blubaugh LMSW - 906 Counseling LLC-  
(906) 242-2785

Monica Nordeen LMSW, CAADC  
(833) 500-6740

Dr. Karl A. Hill Psy.D Psychologist  
*\*Temporarily closed to new patients, check back later*  
107 W. Main Street  
Marquette, MI 49855  
906-361-3985 **Fax** 906-249-1355

## **Menominee County Area Providers**

### **Northpointe Behavioral Health CMH**

Menominee County  
401 Tenth Ave Menominee, MI 49858  
906-863-7841

Bellin Behavioral Health – **Daggett** Clinic  
(920) 433-6073

Changing Seasons Counseling Center  
906-863-5646

Gill Garcia MSW  
866-903-6000

Spade's Counseling Center  
906-864-9830

Adapt (Marinette)  
715-732-77760

Bay Shore Counseling Network  
715-735-7200

Catholic Charities (Marinette)  
715-735-7802

Gina Gretens MS, LMFT  
920-680-5453

Z Boost Performance, LLC Christine M. Pada, MA, LPC  
906-290-2444

Libertas Treatment Center (AODA treatment for adults and teens - Marinette)  
715-735-0095

**Substance Abuse** (*sliding fee scale*):

**Catholic Social Services of the UP** (see phone/address above)

**Great Lakes Recovery Centers** (see phone/address above)

**DOMESTIC VIOLENCE**

**Tri-County Safe Harbor 789-1166 or 1-800-682-1649**

**Eating Disorder: Options for Therapists**

**Eva Colson MSW and Sheila Gohr MS, LPC (Bellin Psychiatric Center, Green Bay)**  
920-433-6073

**Dr. Mary Pelton Cooper PsyD, RN, Marquette**  
906-360-3544

**Mary Conaway Ritter LPC, Marquette**  
906-214-4637

**Adult Psychiatric Treatment Hospitals**

Bellin Psychiatric Ctr. - Green Bay 920-433-3630

Theda Clark Hospital, Neenah, WI 920-729-2145

UP Health System/DLP (formerly MGH) 800-562-9753

Willow Creek, Green Bay, WI 920- 328-1220

Roger's Memorial Hospital, Oconomowoc, WI 800-767-4411

War Memorial Hospital, Kinross, MI 906-253-0108

Mayo Clinic, Rochester, MN 800-533-1564

Pine Rest Christian Hospital, Grand Rapids, MI	800-678-5500
Forrest view Hospital, Grand Rapids, MI	800-949-8439
University of Michigan, Ann Arbor, MI	800-525-5188

## **Adolescent Psychiatric Hospitals**

Bellin Psychiatry Center	Green Bay, WI	888-433-3111
St. Elizabeth	Appleton, WI	920-738-2000 or 738-2490
Aurora/Sheboygan	Sheboygan, WI	920-451-5000
Rogers Memorial	Oconomowoc, WI	800-767-4411
Willow Creek/Summit BHC	Green Bay, WI	920-328-1220

## **Online therapists, such as:**

[www.betterhelp.com](http://www.betterhelp.com)

[www.talkspace.com](http://www.talkspace.com)

[www.psychologytoday.com/us/therapists/michigan?category=online-counseling](http://www.psychologytoday.com/us/therapists/michigan?category=online-counseling)

[www.therapyden.com](http://www.therapyden.com)

Ellie Mental Health 248-629-2799

*Revised 4/10/2024*